

Please return to:-

Friends Provident International Ltd  
Ref: Bond Valuations  
Royal Court  
Castletown  
Isle of Man  
British Isles  
IM9 1RA

Please send future valuations and contract notes by email. I have entered my email address below.

**Bond Number** .....

**Name** .....

**Date of Birth** .....

**Address** .....

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**Signed** .....

**Dated** .....

**Email Address** .....

Please note that in order to view your valuations or contract notes you will need:

- An unzip application that supports 256-bit AES encryption, such as WinZip (<http://www.winzip.com>)
- A PDF reader application such as the free Adobe Reader (<http://www.adobe.com>)